

FAQ

what to know before you 'glow'

what do I wear?

You should wear the robe and slippers we provide when you check in for facials, massages and body treatments. Simply change and saunter over to wait in the lounge area. If you decide to use your robe pockets as storage for any personal belongings, please remember to empty them when you get dressed post-pampering.

ok, but what do I wear under the robe?

Whatever you want. While most spa-goers just wear their birthday suits, you can wait until you get into the treatment room to undress if you feel more comfortable. You can wear underwear during a massage if you prefer, but rest assured that whatever parts aren't being worked on will be strategically draped with sheets or towels at all times. Remember: you're not at Bliss to worry about this.

do I have to chat with my massage therapist?

Absolutely not. Just because the word 'therapist' is involved doesn't mean you have to chat if you don't feel like it (although some of our techs have been known to dole out fabulous life advice). If you'd rather stay silent, just lie down, relax and zone out—your therapist will catch on.

can I specify the gender of my massage therapist?

Of course. Just state your preference when you book your appointment.

do I have to schedule upgrades in advance?

It's not required, but it's appreciated. If you decide you want something extra in the middle of your appointment, ask your spa tech and he or she will absolutely accommodate you if time allows.

should I tip? what's normal?

Leaving gratuities for work well done seems to be the norm, but of course is optional. Most tips range from 15%-20% of the price of the service provided, but the amount is left up to your discretion. As a courtesy to our hard-working staff, it is customary to base your tip on the full price of a service, even if your service has been discounted. Gratuities can be paid in cash, by credit card or Bliss Gift Card.

what is bliss spa membership?

Spa Membership is a monthly spa program. Members get a choice of one fabulous facial or one 60 minute massage per month in addition to exclusive benefits, for a monthly rate of \$99. Ask us for more information or visit blissworld.com/membership.

*Not available at all locations.

spa policies

- Please note: A credit card must be provided to confirm all reservations. A minimum of 24 hours notice must be given to cancel/reschedule an appointment, or the full value of treatments will be charged to the card holding the reservation.
- Please arrive 15-20 minutes early for your appointment to allow time for stress-free check-in, changing, a shower or sauna if you like, and a little pre-treatment decompression time in the lounge.
- Please keep any valuables that you've brought to Bliss with you for the duration of your visit. Bliss cannot be responsible for lost or stolen items.
- Ensuring our guests' safety is crucial. A guest check-in form must be completed before each and every treatment begins. Bliss reserves the right to discontinue a service for any reason to ensure the safety of all parties.
- Bliss reserves the right to modify, discontinue, or raise prices on certain treatments without prior notification to ensure that maximum standards of service and quality are met. If you have any questions, please ask your reservationist when you book your appointment.
- We offer a limited spa menu to junior spa-goers, and all guests under the age of 17 must bring a signed guardian consent form (available at blissworld.com). Guests between the ages of 13-17 can enjoy facials, waxing (not including bikini area), massages, and nail services. Guests under the age of 12 may enjoy nail services only and must be accompanied to bliss by an adult.
 - 13-15 year old minors must have a parent in the treatment room during the entire service.
 - 16-17 year old minors, must have a parent on premise during the entire service (unless state law differs.)
 - 16-17 year old minors must have a therapist of the same gender.
- Guests with medical conditions are advised to consult their doctors before booking any spa services. Kindly inform your spa technician of any existing medical conditions by completing a Guest Check-In form prior to your treatment. Spa services are provided for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that guests may have.



bliss[®]

for locations, information and booking:

call: 877 TO BLISS (877 862 5477)

click: blissworld.com

download: bliss spa booking app



follow us: **blisspa**



bliss[®] spa menu

1-877-TO-BLISS (877 862 5477)

blissworld.com

download bliss spa booking app

